

SUMMER SCHOOL SAHA-ISH-AISH 2021

¿HOW TO ACHIEVE ADEQUATE BLOOD PRESSURE CONTROL IN PRIMARY CARE?

**Speakers**

- ✓ Dr. Marcos Marin (Argentina)
- ✓ Dr. Pablo Rodriguez (Argentina)
- ✓ Dr. Martín Salazar (Argentina)
- ✓ Dr. Nicolás Renna (ISH NIC, Argentina)
- ✓ Dr. Daniel Piskorz (RAG Americas, Argentina)
- ✓ Dr. Cesar Romero (RAG Americas, USA)
- ✓ Dr. Bryan Williams (ISH Secretary, UK)
- ✓ Dr. Nadia Khan (ISH Education and Research, Canada)
- ✓ Dr. Maciej Tomaszewski (ISH President, UK)
- ✓ Dr. Luis Alcocer (IASH, México)
- ✓ Dra. Dora Inés Molina (IASH, Colombia)

WHO SHOULD ATTEND?

Younger candidates strongly devoted to hypertension coming both from clinical practice and research.

Although there is no specific age limit, candidates below the age of 45 should be preferred.

Please note the SAHA Summer School is a once-in-a-lifetime event, which means each participant can attend the course only once in his/her life.

Candidates will be selected by ad-hoc representative committee from SAHA, ISH RAG Americas and IASH authorities.

A total of 15 Argentinean candidates will be selected to be in presence and another 15 students from other Latina American countries will be selected to attend online.

Format

Presential for the 15 best Argentinean candidates at the Gran Hotel Proterillos, Mendoza, Argentina. Virtual for the runner up 15 best candidates.

Topics to be covered:

Risk evaluation, Hypertension diagnosis and management, with strong emphasis in BP control.

Faculty

Hypertension Summer School brings together national and international faculties, offering the unique opportunity to expose the fellows to a number of experienced speakers.

Expenses

Argentina Society of Hypertension will cover accommodation and travel costs of national faculties and student's accommodation and meals.

Argentina Society of Hypertension will cover the online registration and participation of the student attending virtually online.

COVID-19 restrictions

Due to the SARS-CoV-2 virus pandemic, all participants to be in person at Gran Hotel Proterillos need to present prove of full vaccinated status against Covid-19. The use of mask and social distancing will be mandatory indoor .

All the regulation mandated by the local health authority (National and Provincial Health ministries) will be followed to assure the safety of all participants.

## FRIDAY, NOVEMBER 27, 2021

- 14:00 **Reception**
- 16:00- 16:30 **Welcome and introductions**
- 16:30-18:00 **Hypertension as a global health problem**
  - 16: 30-16: 50 Assessment of cardiovascular risk Daniel Piskorz
  - 16: 50-17: 10 Hypertension Research, how can we improve ourselves? Cesar Romero
  - 17: 10-17: 30 Therapeutic adherence and new technologies Maciej Tomaszewski
  - 17: 30-18: 00 Discussion

### Break

- 18:20-19:50 **Diagnosis**
  - 18: 20-18: 40 Virtual Management of Hypertension? [Nadia](#) Khan
  - 18: 40-19: 00 Why can't we achieve these goals? Luis Alcocer
  - 19: 00-19: 20 ABPM, HBPM and AuBPM. In what situations? Martín Salazar
  - 19: 20-19: 50 Discussion

### Break

- 20:00-21:00 **Workshop**

### Dinner

## SATURDAY, NOVEMBER 28, 2021

- 8:00-9:30 **Working breakfast: How do we overcome therapeutic inertia?**
  - Table 1 Marcos Marin
  - Table 2 Daniel Piskorz
  - Table 3 Pablo Rodriguez
  - Table 4 Nicolás Renna
  - Table 5 Martín Salazar

### Break

- 10:00- 11:30 **Treatment**
  - 10: 00-10: 20 Application of international guidelines in Argentina. Essential or Optimal? Daniel Piskorz
  - 10: 20-10: 40 Is our consensus still in force? Pablo Rodriguez
  - 10: 40-11: 00 Use of drug combinations. Why and when? Nicolás Renna
  - 11: 00-11: 30 Discussion

### Break

- 11:40-13:00 **Special situations**
  - 11: 40-12: 00 Hypertension and Women Dora Molina
  - 12: 00-12: 20 Resistant hypertension. Bryan Williams
  - 12: 20-12: 40 Screen to secondary hypertension Marcos Marin
  - 12: 40-13: 00 Discussion
- 13:10-13:30 **Workshop II: How to achieve adequate blood pressure control in primary care?**
  - Table 1 Marcos Marin
  - Table 2 Daniel Piskorz
  - Table 3 Pablo Rodriguez
  - Table 4 Nicolás Renna
  - Table 5 Martín Salazar

### Lunch and closing